

Fresh Orange

Milwaukee County Senior Dining

FERNWOOD COURT

6700 W APPLETON AVENUE



NOVEMBER 2015 LUNCH MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Beef Sandwich Whole Wheat Hamburger Bun		Chicken Noodle Soup w/Crackers Mushroom Swiss Burger	Chicken Cordon Bleu Wild Rice Blend Whole Baby Carrots	Swedish Meatballs Buttered Noodles Harvard Beets
American Potato Salad Baked Beans	Chef's Choice Vegetables Potato Dinner Roll	Rye Hamburger Bun Baby Baker Potatoes	Spinach Salad w/Dressing	Whole Wheat Bread ⊗ Pineapple Juice
Peanut Butter Rice Krispie Treat Canned Pear Slices	Fruited Yogurt	Sugar Snap Peas Mandarin Oranges	Seven-Grain Bread Cinnamon Apple Slices	Tapioca Pudding → Lo-Cal Pudding
Italian Sausage on Crusty Roll	10	Veteran's Day Navy Bean Soup	12 Pork Chop Suey	Swiss Steak
w/Onions & Peppers	BBQ Chicken Leg/Thigh	Roast Beef w/Gravy	w/Vegetables	w/Tomatoes & Onions
in Marinara Sauce	Creamed Spinach	Baked Potato	Brown Rice	Garlic Mashed Potatoes
Bow Tie Pasta	Tri-Colored Pasta Salad	w/Butter & Sour Cream	Baby Peas	Whole Kernel Sweet Corn
w/Marinara Sauce	Fruit Juice	Winter Vegetable Blend	Mixed Greens w/Dressing	Sourdough Bread
Italian Vegetables	Corn Bread Muffin	Rye Dinner Roll	Baking Powder Biscuit	Iced Brownie
Grape Juice	Assorted Fresh Fruit	Cherry Cheesecake	Ambrosia Fruit Fluff	🎔 Banana
Sliced Peaches		Red Delicious Apple	🎔 Fruit Cocktail	
16	17	18	Spaghetti 19	20
Hungarian Goulash		Teriyaki Chicken	Italian Meatsauce	Tomato Bisque w/Crackers
Noodles	Baked Ham	Chinese Fried Rice	Parmesan Cheese	Stuffed Salmon Boat
Country Blend Vegetables	Scalloped Potatoes	Oriental Vegetables	Italian Beans	w/Dill Sauce
Marble Rye Bread	California Vegetable Blend	Parker House Roll	Romaine w/Ranch	Red Skinned Potatoes
Creamed Cucumbers	Vienna Dinner Roll	Mandarin Oranges	Italian Bread	Crinkle Cut Carrots
Molasses Cookie	Pineapple Tidbits	Chinese Almond Cookie	Pistachio Pudding	Rye Bread
Canned Fruit			Lo-Cal Pudding	Tropical Fruit Cup
23	Meatloaf 24	Baked Chicken 25	26	27
BBQ Boneless Pork Loin	w/Mushroom Gravy	A. Leg/Thigh		
Oven-Browned Potatoes	Mashed Potatoes	B. Breast/Wing	Calaba	
Traditional Mixed Veggies	Brussels Sprouts	Sweet Potato	Thanksgiving	
Whole Grain Bread	Garlic Bread	Peas & Carrots		
Applesauce	Chocolate Chip Cookie	Dinner Roll	CLOSED	CLOSED
	♥ Fresh Fruit	Apple Pie <i>(All Diets)</i>		
Cheddarwurst 30		▲ ★ ヘ •		
Poppy Seed Hot Dog Bun		\$2.5	RESE	RVATIONS
Ketchup & Mustard		D L	JU RF	QUIRED
German Potato Salad		T		ASE CALL
Green Bean Casserole		Cuggostod		
Ice Cream Sundae	CONTRIBUTIONS	Suggested Contribution	44	9-9900

Contribution